

Sousa Park Pool

2900 Yellowstone Ave, Stockton, CA

NON-PROFIT ORG.
PRSRT STD
PERMIT NO. 332
STOCKTON, CA

Parent/Child (6 mos-3 years) \$55

This class is designed to teach water adjustment and comfort for infants and toddlers. Focus is placed also on parent role in water safety for this age level.

Pike /Eel/ Ray/Starfish (4-5years) \$55

This class is for beginning swimmers with little or no experience in the water. This class is designed to get students comfortable with the water and introduces face in the water, blowing bubbles, kicking and paddling.

Pollywog (5-12 years) \$55

This beginner level class is for children who are a little more comfortable in the water but are inexperienced in swimming. It teaches basic skills including gliding, floating & kicking, and beginning stroke work, as well as beginner rotary breathing. Also, for swimmers who have completed Pike.

Guppy (5-12 years) \$55

This class is for swimmers who have completed Pollywog or can swim 10 feet or more unassisted on their front without a flotation device. The goal of this class is to build front and back crawl endurance and continue the rotary breathing.

Minnow (7-12 years) \$55

For swimmers who can swim 20 yards strong front crawl and back crawl. We work on developing freestyle and backstroke, while endurance training continues.

Fish/Fly Fish (12-16 years) \$55

Fish is for children able to swim 50 yards of freestyle with rotary breathing, sidestroke, backstroke & breaststroke. It refines breaststroke, teaches butterfly, and improves other swim skills.

Adult Swim Lessons

This class is a **Learn To Swim** program for adults only and is held at Brooking Park Pool.

FINANCIAL ASSISTANCE AVAILABLE:

Application is due 2 weeks prior to the session start date.

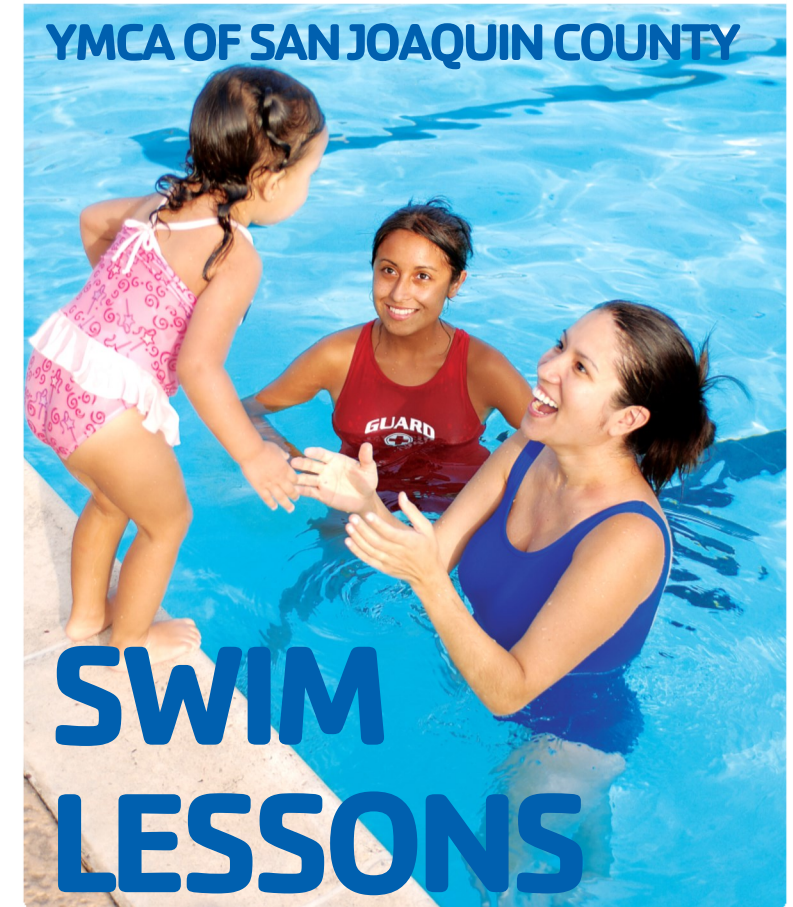


Note: YMCA Aquatics is neither related to nor endorsed by Lincoln or Stockton Unified School Districts. This program is solely offered and managed by the YMCA of San Joaquin County.

YMCA of San Joaquin County
2105 W March Lane, Suite 1
Stockton, CA 95207



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



STRONG SWIMMERS, CONFIDENT KIDS

SOUSA PARK POOL

www.ymcasjc.org/swim



SWIM LESSONS AT SOUSA PARK YMCA OF SAN JOAQUIN COUNTY

Child's Name: Last _____ First _____ Gender: M or F
 Age _____ Date of Birth _____ Ethnicity (Statistics only) _____
 Street Address _____ City _____ State _____ Zip _____
 Name of Parent _____ Parent Date of Birth _____
 Email Address _____
 Day Phone _____ Cell Phone _____ Special accommodations: Yes No
 If yes please list accommodations _____
 Emergency Contact _____ Emergency Contact Day Phone _____

Waiver of Liability: I hereby accept any and all responsibility for, and assume the risk of any and all injury or damage to my person or dependent children which might arise directly as a result of, and or participation in the YMCA of San Joaquin County, the various branches and subdivisions thereof, and all employees and volunteers in their capacities as representatives of the YMCA expressly including but not limited to the Board of Directors of the YMCA of San Joaquin County except injuries caused intentionally, or by willful misconduct. I give my permission for my children(s) picture to be used as a promotion for the YMCA. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by my heirs, administrators, executors, successors, and assigns.

Signature _____ Date _____
 (Signature of parent/guardian if under 18)

Sessions meet daily for 2 weeks, Tuesday-Friday. Each lesson is 30 minutes long. Fee: \$55.00 per session.

Please circle the session time preferred. Class size is limited. Classes may be canceled due to low enrollment.

Session 1: June 6- June 16													
Parent/Child		6:30					Pollywog	10:00	10:40	11:20	5:10	5:50	6:30
Pike/Eel/Ray	Starfish	10:00	10:40	5:50	6:30								
Guppy		11:20	5:10	5:50									
Session 2: June 20- June 30													
Parent/Child		6:30					Pollywog	10:00	10:40	11:20	5:10	5:50	6:30
Pike/Eel/Ray	Starfish	10:00	10:40	5:50	6:30								
Guppy		11:20	5:10	5:50									
Session 3: July 5- July 14 (including Monday July 10th)													
Parent/Child		6:30					Pollywog	10:00	10:40	11:20	5:10	5:50	6:30
Pike/Eel/Ray	Starfish	10:00	10:40	5:50	6:30								
Guppy		11:20	5:10	5:50									
Session 4: July 18- July 28													
Parent/Child		6:30					Pollywog	10:00	10:40	11:20	5:10	5:50	6:30
Pike/Eel/Ray	Starfish	10:00	10:40	5:50	6:30								
Guppy		11:20	5:10	5:50									

**REGISTER
ONLINE TODAY!**

Recreational Swim *Subject to Change*
 Tuesday-Friday 12:00pm-5:00pm
 Saturday & Sunday 12:00pm-6:00pm
Closed Mondays



www.ymcasjc.org/swim



www.facebook.com/sjcmca