



WE'RE MORE THAN JUST SPORTS WE'RE ABOUT BUILDING FAMILIES YMCA OF SAN JOAQUIN COUNTY

Kyle Munoz has always been an active kid. His mother says signing him up for Y-Soccer has made a huge impact in his life by giving him a positive environment to release his energy and build his skills. He wakes up excited on game days and has become good at a sport he has grown to love. Mom says, "When he's out on the field he's always ready to take off running with the ball." With the guidance of his coach and the support from his family, Kyle has learned how to play as a team, trust his peers and communicate more effectively. He has become a more patient and confident individual.



"Participating in the Y's Soccer league has made a big impact not only on Kyle but our entire family. We have seen him grow into his own person and are very proud of who he has become. With our busy schedules we cherish every moment we get to do something we all love and can enjoy as a family! Y-Sports help kids become not only better players, but better people."

Our youth sports programs provide ways for families like Kyle's to spend quality time together outside of their day-to-day routine. Every day the Y nurtures the potential of children through healthy living by teaching more than just how to play a sport. Youths' and families' quality of life is dramatically improved by achieving and maintaining well-balanced habits. We teach, encourage and support active lifestyles that lead to a healthier, happier community.